



Find out more - introduction

Now that you have started to develop your self-awareness and identified your “shopping list” of the things that are most important to you, you can turn your attention to exploring different career options.

You can then see how well the options you are considering match up to your requirements. Do they offer you what you want?

The more research you can do into different opportunities, the more confident you are likely to feel about making the right career choices.

This section of the course will introduce you to a number of methods and resources for generating and researching ideas about potential career paths.

It will also encourage you to critically evaluate the sources of information you use so that you get the best possible insight into the different sectors, roles and organisations you are considering.