

Getting started - introduction

It's often said that people spend longer planning a holiday than they do their career. One of the reasons people avoid planning for the future is because they are not sure how to make important decisions, and are unsure of the steps they can take to further their career ideas.

Attitudes can vary from 'there's no point - it's all out of my control' to 'it's simple; all I have to do is to find something that's interesting and just go for it!'

Both extremes have their advantages, but making good career decisions may require a more in depth analysis of your circumstances and a more flexible approach to managing your future.

In this section, we will explore the different approaches and strategies you can use to plan for the future and enable you to create a 'road map' for your own career journey. We will also look at how you can be confident that your approach to decision-making is well informed.